**Truth, Healing and Reconciliation Taskforce**

**List of sexual assault counselling available for adults in Queensland**

**(September 2020)**

Please note: this list does not include all sexual assault counselling services available in Queensland.

| **Organisation** | **Location** | **Contact Details** | **Postal Address** | **Information** | **Website** |
| --- | --- | --- | --- | --- | --- |
| **Australia wide** | | | | | |
| 1800 Respect | Nationally | 1800 737 732 | Not available | Telephone and online counselling for men, women and children in relation to sexual assault and family and domestic violence. | <https://www.1800respect.org.au/> |
| Blue Knot Foundation Helpline | Nationally | 1300 657 380 | Po Box 597 Milsons Point NSW 1565 | Support for adult survivors of childhood trauma and abuse, their parents, partners, family and friends, as well as professionals.  Services provided include:   * short-term counselling support * information * referrals for ongoing support * support with redress applications. | <https://www.blueknot.org.au/Helpline> |
| Find and Connect | Nationally | 1800 161 109 | Not available | Directory of Counsellors across the state skilled in working with adults who are survivors of child sexual abuse. The 1800 number directs you to the Find & Connect Support Service in your state or territory, and can assist with:   * accessing personalised support and counselling * where possible, obtain your personal records, trace your history and understand why you were placed into care * connect with other services and support networks that may assist you at this time in your life * reconnect with family, where possible. | <https://www.findandconnect.gov.au/> |
| GP Mental Health Plan | Nationally |  | Not available | If you have a mental health care plan, you will be entitled to Medicare rebates for up to 10 individual or 10 group appointments with some allied mental health services in a year.  For certain psychologists, occupational therapists and social workers, you are also entitled to Medicare rebates for 10 individual or support group sessions in a year.  Your doctor can give you a referral to allied mental health services in your area. | <https://www.health.qld.gov.au/news-alerts/news/what-is-mental-health-care-plan-how-to-access-Queensland-Australia> |
| Lifeline | Nationally | 131 114 | Po Box 173, Deakin ACT 2600 | 24 hour general counselling, crisis support and suicide prevention for all ages. | <https://www.lifeline.org.au/get-help/online-services/crisis-chat> |
| Living Well | Nationally | **07 3028 4648** | 408 Gympie Road, Strathpine QLD 4500 | Telephone and online counselling for men and their partners and supporters. | <https://www.livingwell.org.au/> |
| Mensline Australia | Nationally | 1800 789 978 | Not available | Telephone and online counselling for men who are or have experienced abuse, depression, anxiety, mental illness, parenting concerns and more. | <https://mensline.org.au/> |
| SANE Australia | Nationally | 1800 187 263 | PO Box 226, South Melbourne, VIC 3205 | The SANE Help Centre provides information, support and referrals to help adults living with a mental illness and all those involved in their care. | <https://www.sane.org/> |
| Sexual Assault Counselling Australia | Nationally | 1800 211 028 | Po Box 555 Drummoyne NSW 2047 | Telephone counselling for men, women and children who have recently or historically experienced sexual assault. | <http://www.sexualassaultcounselling.org.au/> |
| Trauma Support Providers | Nationally | Not available | Not available | You can find health professionals who can provide support for people affected by institutional child sexual abuse through the Trauma Support Directory. | <https://www.traumasupport.com.au/Find-a-Practitioner> |
| Tzedek | Nationally | 1300 893 335 | Po Box 4085, Hopetoun Gardens VIC 3162 | Advocacy, referrals and support services to people who have experienced religious/clergy abuse, with a focus on the Jewish community. | <https://www.tzedek.org.au/> |
| **State-wide** | | | | | |
| Link Up Queensland | State-wide | 1800 200 855 | Po Box 3229, South Brisbane, QLD 4101 | Counselling, healing and culturally appropriate support, including for forced adoptions for Indigenous Australians. | <http://www.link-upqld.org.au/our-services/> |
| Lotus Place | State-wide | 07 3036 4490 | Brisbane:  PO Box 3449,  South Brisbane QLD 4101  North Queensland:  Po Box 2027,  Townsville QLD 4810  Central Queensland:  PO Box 586, Rockhampton QLD 4700 | Provides integrated peer support, advocacy and other support services to people who experienced abuse in an institutional setting.  Supports people to access counselling including through brokerage funding. | <http://www.lotusplace.org.au/services/lotus-place> |
| Queensland State-wide Sexual Assault Helpline | State-wide | 1800 010 120 | Po Box 10575 Adelaide St, Brisbane QLD 4000 | Counselling and information for men, women and young people who have been sexually assaulted or abused. | <https://www.dvconnect.org/sexual-assault-helpline/> |
| Victims Counselling and Support Service | State-wide | 1300 139 703 | Not provided | Counselling and support service to Queensland residents who have been personally affected by crime, either directly or indirectly.  Services offered include:   * face-to-face counselling and support at various Queensland locations * telephone counselling and support throughout Queensland * information * referrals to appropriate services.   Available 24 hours a day, 7 days a week for information, referral and booking of counselling appointments. | <http://www.vcss.org.au/> |
| **Moreton** | | | | | |
| Brisbane Rape and Incest Survivors Support Centre | Brisbane Metro | 07 3391 2573 | 15 Morrisey St, Woolloongabba QLD 4102 | Support and counselling services to women (over the age of 15 years) who have experienced sexual violence at any time in their lives. | <https://brissc.org.au/> |
| Brisbane Rape and Incest Survivors Telephone Support Line | Brisbane Metro | 07 3391 0004 | Not available | Provides support, advocacy, information and referral to women who have experienced sexual violence.  Support, information and referrals to friends and family members of survivors, male survivors and the wider community over the phone is also available. | <https://brissc.org.au/support-services/phone-support/> |
| **Brisbane Southwest Support – Sexual Violence Prevention** | Inala | 07 3372 1711 | 75 Old Progress Rd, Richlands QLD 4077 | Sexual Violence prevention and support that provides:   * individual support and counselling * advocacy, information and referrals * support group and workshops * community education and training. | Not available |
| Immigrant Women’s Support Service | Brisbane | 07 3846 3490 | Not provided | A community based crisis and support service which works with women and children of non-English-speaking backgrounds who have experienced sexual assault.  Interpreting and Translation services are available. | <http://www.iwss.org.au/> |
| Living Well | Brisbane | **07 3028 4648** | 408 Gympie Road, Strathpine QLD 4500 | Face to face counselling for men who have been sexually abused in childhood or assaulted as an adult. | <https://www.livingwell.org.au/> |
| Lotus Place | Brisbane | **07 3036 4490** | Brisbane:  PO Box 3449,  South Brisbane QLD 4101  North QLD:  Po Box 2027,  Townsville QLD 4810  Central QLD:  PO Box 586, Rockhampton QLD 4700 | Provides integrated peer support, advocacy and other support services to people who experienced abuse in an institutional setting.  Supports people to access counselling including through brokerage funding. | <http://www.lotusplace.org.au/services/lotus-place> |
| Sisters Inside – Sexual Assault Counselling Service | South – East QLD | 07 3844 5066 | Brisbane:  Po Box 3407, South Brisbane QLD 4101  Townsville:  Po Box 824,  Hyde Park QLD 4812 | Counselling and support for women who are or have been in prison and experienced sexual assault in their lives. | <https://sistersinside.com.au/> |
| WWILD | Wooloowin | 07 3262 9877 | Po Box 495, Lutwyche QLD 4030 | Support and counselling services for women and men with intellectual and/or learning disabilities aged 14 years and over, who have experienced or are at risk of sexual assault, violence or exploitation. | <https://wwild.org.au/> |
| Zig Zag Young Women’s Resource Centre Inc | Camp Hill and Brisbane North | 07 3843 1823 | 575 Old Cleveland Rd, Camp Hill QLD 4152 | Counselling and support to young women aged 12 to 25 years who have experienced sexual assault. | <https://zigzag.org.au/> |
| Laurel Place Inc Sexual Assault Service | Sunshine Coast, Gympie, Kingaroy, Murgon, Moreton Bay | [(07) 5443 4711](tel:0754434711) | Maroochydore:  PO Box 384, Cottontree  QLD 4558  Gympie and Murgon:  Po Box 512, Gympie QLD 4570 | Sexual assault counselling support and information for people who have been impacted by sexual assault, either recent or historical.   * Laurel Place Maroochydore and Gympie provide services to both child and adult clients. * Laurel Place Murgon provides counselling support to children only. * Laurel Place Moreton Bay provides services to adult clients only (15 years and over). | <http://laurelplace.com.au/> |
| **South East** | | | | | |
| Bravehearts | Springwood, Strathpine and Arundel | 1800 272 831 | Po Box 575, Arundel BC, QLD 4214 | Provides face to face counselling services for children and young people who have experienced sexual assault or who are at risk. There is also support for adults who have experienced childhood sexual assault, subject to availability. | <https://bravehearts.org.au/what-we-do/counselling-and-support/> |
| Centre Against Sexual Violence | Logan & Redlands | 07 3808 3299 | 5/13-21 Mayes Avenue, Logan Central 4114 | Confidential counselling to all women and young women 12 years and over, who have experienced recent, past and/or childhood sexual assault. | <http://www.casv.org.au/> |
| Gold Coast Centre Against Sexual Violence | Southport | 07 5591 1164 | Po Box 1924, Southport QLD 4215 | Specialist counselling for women and young women who have experienced sexual violence. | <http://www.stopsexualviolence.com/> |
| Murrigunyah Family and Cultural Healing Centre | Woodridge | 07 3290 4254 | 2 Burrigan Street, Woodridge QLD 4114 | Individual counselling for Aboriginal and Torres Strait Islander women, men and children in a safe and supportive space for victims/survivors of sexual assault whether recently or historically. | <http://www.murrigunyah.org.au/> |
| **South West** | | | | | |
| Domestic Violence Action Centre | Ipswich  Toowoomba | 07 3816 3000  07 4642 1354 | Po Box 964, Ipswich QLD 4305 | Counselling and support for survivors (women and men) aged 14 years and over. Services include:   * support for family, friends and care givers of survivors * information, advice, referral * group work * community education. | <https://www.dvac.org.au/service-against-sexual-violence/> |
| Toowoomba Sexual Assault Support Service – Kobi House | Toowoomba | 07 4616 6950 | Not available | Face-to- face counselling service for women and men aged 14 years and over who have experienced sexual violence at some time in their life. | Not available |
| West Moreton Women’s Health & Sexual Assault Service | Ipswich | 07 3812 0138 | Ipswich City Square, Level 2,  Ipswich QLD 4305 | Survivors of sexual assault services (14 years above). Services include:   * counselling * health information and referral * lending and reference library * groups (therapeutic, educational, support and social groups). | <https://seniorsenquiryline.com.au/services/west-moreton-womens-health-sexual-assault-program/> |
| Centacare Kingaroy - Sexual Assault Support Service | Kingaroy | 07 4162 5439 | 15 Albert St, Kingaroy QLD 4610 | Provide counselling, support, advocacy, information, advice and referral to women aged 15 years and over who have been sexually assaulted during their lives. | <https://centacarebrisbane.net.au/community-programs/community-centres/> |
| **Central Queensland** | | | | | |
| Women’s Health Awareness Group of Gladstone Inc. | Gladstone | (07) 4979 1456 | 20 Tank St, Gladstone QLD 4680 | Specialised sexual assault counselling for children, women and men (14+ years). | <http://www.gladstonewomenshealth.org.au/counseling-and-information/> |
| Laurel Place Inc Sexual Assault Service | Sunshine Coast, Gympie, Kingaroy, Murgon, Moreton Bay | [(07) 5443 4711](tel:0754434711) | Maroochydore:  PO Box 384, Cottontree  QLD 4558  Gympie and Murgon:  Po Box 512, Gympie QLD 4570 | Sexual assault counselling support and information for people who have been impacted by sexual assault, either recent or historical.   * Laurel Place Maroochydore and Gympie provide services to both child and adult clients. * Laurel Place Murgon provides counselling support to children only. * Laurel Place Moreton Bay provides services to adult clients only (15 years and over). | <http://laurelplace.com.au/> |
| Lotus Place | Rockhampton | 07 4927 7604 | 10 Albert St, Rockhampton QLD 4700  PO Box 2159, Wandal QLD 4700 | Provides integrated peer support, advocacy and other support services to people who experienced abuse in an institutional setting.  Supports people to access counselling including through brokerage funding. | <https://www.lotusplace.org.au/services/lotus-place-central-queensland> |
| Mackay Sexual Health and Sexual Assault Service | Mackay | 07 4968 3919 | Not available | Sexual assault services available to men and women 16 years and over, who have experienced sexual assault at any time in their lives.  Services include:   * crisis counselling * individual counselling and group programs * telephone counselling and support * telehealth outreach service for clients in rural and remote locations * information and referral. | <http://www.mackay.health.qld.gov.au/your-hospitals/mackay-base-hospital/sexual-health-assault-service/> |
| Domestic Violence Resource Service (Mackay & Region) Inc. | Mackay | 07 4953 1788 | 12-14 Nelson St, Mackay QLD 4740 | Counselling and support to adult and young women who have experienced sexual assault recently or historically.  Services include:   * face-to-face, individual counselling and support * telephone counselling and support * information and referral * resource provision. | <https://domesticviolenceservice.org.au/> |
| Phoenix House Association Inc. | Bundaberg | 07 4153 4299 | 8 Barolin St,  Bundaberg QLD 4670 | Counselling service for adults, children and their families, who have experienced sexual violence and/or other forms of harm at any time in their lives. | <https://phoenixhouse.com.au/> |
| Wide Bay Sexual Assault Service | Hervey Bay | 07 4194 5230 | 1/8 Neils st, Pialba QLD 4655 | Counselling for people who have experienced sexual violence during their lives, as well as to their parents, carers or family members whom may also have been impacted by that violence. | <http://www.wbsass.com.au/> |
| Women’s Health Information and Referral Service Central Queensland Inc. | Rockhampton | 07 4922 6585 or 1800 017 382 | 225 Bolsover St, Rockhampton QLD 4700 | Sexual assault support service is available to children, adolescents, women and men who have experienced sexual assault recently or at any stage in their life. | <http://womenshealthrockhampton.com/services/sexual-assault-support-service/> |
| **Northern Queensland** | | | | | |
| Healing Waters, Aboriginal and Torres Strait Islander Counselling and Wellbeing Service | Townsville | 0435 932 253 | PO Box 4363, Kingston ACT 2604 | Healing Waters Aboriginal and Torres Strait Islander Counselling and Wellbeing Service is being established to address the trauma experienced by Aboriginal and Torres Strait Islander people in the Townsville region through a whole-of-life healing process. | <https://healingfoundation.org.au/projects/healing-waters-aboriginal-and-torres-strait-islander-counselling-and-wellbeing-service/> |
| Lotus Place | Townsville | 07 4724 2559 | 382 Sturt St, Townsville QLD 4810  PO Box 2027, Townsville QLD 4810 | Provides integrated peer support, advocacy and other support services to people who experienced abuse in an institutional setting.  Supports people to access counselling including through brokerage funding. | <https://www.lotusplace.org.au/services/lotus-place-north-queensland> |
| Tableland Rape and Incest Crisis Centre | Atherton | 07 4091 4036 or 1800 737 732 | Not provided | For people aged 15+ years who have been sexually assaulted during their lives. As well as support and education for parents, siblings and friends.  Service provides:   * counselling * support * advocacy * information * advice and referral. | Not available |
| North Queensland Combined Women’s Services Inc. | Townsville | 07 4775 7555  After Hours: 07 4775 7555 | 50 Patrick St, Aitkenvale QLD 4814 | Offers crisis support, referral, information and counselling to women 15 years and above. | <http://www.thewomenscentre.org.au/services/sexual-assault-service> |
| True – Cairns Sexual Assault Service | Cairns | 07 4031 3590 | PO Box 1678, Cairns QLD 4870 | Information, support, advocacy, counselling and education to anyone affected by sexual violence.  \*Though not funded to do so, this service does support men. | <https://www.true.org.au/Counselling/cairns-sexual-assault-services> |
| Whitsunday Crisis & Counselling Service Inc | Whitsundays and surrounding areas | 07 4946 2999 | 1/157 Shute Harbour Rd, Cannonvale QLD 4802 | Provides counselling and support to women, children aged six years+ and men who have experienced sexual violence or abuse. | http://www.whitsundaycs.com.au/ |