

# Caring for a child with an NDIS plan

## Factsheet 3 for foster and kinship carers

The National Disability Insurance Scheme (NDIS) provides support for people with disability, their families and carers. For general information about the NDIS, see *Factsheet 1 for foster and kinship carers*.

## About the NDIS plan

Disability support provided through the NDIS for a child or young person is documented in their 'NDIS plan'.

Foster and kinship carers play an important role in developing, implementing and monitoring a child's NDIS plan. For information about developing the NDIS plan, see *Factsheet 2 for foster and kinship carers*.

## Implementing an NDIS plan

Practical support is available to help the Child's Representative (their guardian—this may be their parent, long term guardian, or Child Safety) implement the child's NDIS plan.

Implementing the plan involves:

- understanding the plan and the support budgets within the plan
- choosing appropriate service providers and establishing service agreements with them
- sourcing quotes for any aids and equipment approved in the plan.

Funding for 'support coordination' may be included in the NDIS plan. When included, a Support Coordinator is the first service provider to be engaged.

Once on board, the Support Coordinator will work with the Child's Representative and other relevant parties to source further providers and to establish and manage arrangements with them.

When support coordination is not funded as part of the child's plan, the NDIS Local Area Coordinator (LAC) can provide support to help implement the child's plan.

## Plan monitoring and changes

The child or young person's NDIS plan is regularly discussed and monitored through case plan reviews and placement meetings.

### Flexible use of funds

NDIS funding is allocated against one or more of three support budgets:

- *Core budget*: for supports related to daily living and the child's longer-term goals
- *Capital budget*: for assistive technologies and equipment
- *Capacity building budget*: for supports to build skills and independence e.g. therapies.

Funding can generally be used flexibly within each budget type, but still needs to last for the duration of the plan (usually 12 months).

### Changes to supports

Some changes to NDIS supports can be made by the child's representative directly with providers without a review by the NDIA. These may include:

- changes to service providers
- changes to service types
- changes to frequency of a service.

Some changes may require the NDIA to review the plan—for example, when:

- there is a significant increase or decrease in the child's support needs
- there is an urgent requirement for an additional service type not already included in the plan
- a key life transition is approaching, such as leaving school, or leaving care.

Talk to the CSO about how the plan is working and any changes you would like to see happen to the plan.

## More information

- [www.csyw.qld.gov.au/NDIS](http://www.csyw.qld.gov.au/NDIS)
- [www.ndis.gov.au](http://www.ndis.gov.au)

*Children aged 0-6 will first access disability support through an NDIS Early Childhood Early Intervention Partner and may not require an NDIS plan. See [www.ndis.gov.au/ECEI](http://www.ndis.gov.au/ECEI) for more information*